



Trusting in the Promise of Jesus

In-Home Discipleship Worksheets for Families

Faith in Real Life

Jenny didn't like to watch the news. Whenever her parents sat down to watch TV, they always seemed to turn the channel to hear about what was happening in the world. But all the stories on the news seemed bad.

"Mom, I'm scared," Jenny said. "Can we watch something else?"

Dad said, "Maybe we should turn this off and talk about it together."

"I'm afraid that something bad is going to happen! What if somebody comes to hurt us? Or what if we get sick and die of some disease?"

"Honey," Jenny's mom said, "I know there are a lot of things in the world that seem scary. But you don't need to be worried."

"Me and your mother will take care of you," her dad said. "And God is watching over us all."

"Does that mean nothing bad can happen to us?" Jenny asked.

"Bad things can happen to anyone," dad said, "but we trust that even when bad things happen, we can trust in him."

"How about we pray together right now?" Mom said. As they prayed, Jenny started to feel better, knowing that God was watching out for her. Jenny knew God is stronger than any danger.

When We Are Facing Scary Times ...

Life can be scary at times, especially when our daily routine is disrupted. When we would normally be in school, but for now there is no school; when things are stressful at home because there are so many things we don't know — we may have so many unanswered questions.

We need to know that God is looking out for us, no matter what may happen. As the Bible says:

Commit your way to the LORD; trust in him, and he will act! (Psalm 37:5)

Some things to talk about:

- ▶ Is it okay to be sad when we lose someone we love?
- ▶ How does it help to know that God is in control and that we can trust in him?

Loving God, you are the source of life and hope. We know you are with us in times of fear and uncertainty. Help us to always remember that we are safe and loved in Jesus. Strengthen our faith in these trying situations. In Jesus' name we pray. Amen.



Read in Your Bible: Matthew 14:22-33

In this story, Jesus appeared to his disciples when they were in a storm at seas. Jesus was walking on water as if it was dry land! When Peter tried to walk on water like Jesus, he quickly found out he didn't have the power in himself. He began to notice the wind and the waves, and he began to sink. But Jesus reached out his hand and saved him! This story helps show us that we can trust in Jesus when you are afraid. Jesus said:

“Take _____; it is I. Do _____ be _____.” (v.27)